



LakesidePsychology

Believe | Grow | Live

Mary Marriott

Child and Adolescent Psychologist



Who Mary can help:

Mary enjoys helping children, parents, adolescents and young adults

What Mary can help with:

- Cognitive, behavioural and educational assessments
- Attention Deficit Hyperactivity Disorder (ADHD)
- Oppositional Defiant Disorder (ODD)
- Assessment for specific learning disabilities and giftedness
- Depression
- Anxiety and panic
- Social, emotional and behavioural concerns
- Low self-esteem
- Parenting support
- Parent-child and family relationships and conflict
- Grief and loss
- Self-harm and suicidality

What treatments Mary provides:

- Cognitive-Behavioural Therapy (CBT)
- Play-Based Therapy
- Attachment-Based Therapy for children
- Attachment-Based Family Therapy for adolescents

Mary's availability:

Tuesday: 8:00pm – 4:00pm

Wednesday: 12:30am – 8:30pm

Mary completed her Masters of Educational Psychology at Melbourne University where she gained experience working in a developmental disability clinic, private, public and catholic education systems. She was awarded the Jenifer Rickard Award for excellence by the APS College of Educational and Developmental Psychologists for her research into Crystallised and Fluid Intelligence. Mary has spent the past 15 years working in the education sector and has provided a range of cognitive, educational and developmental assessments. She enjoys supporting children and adolescents along with their families in a fun and relaxed way to address a large variety of social, emotional, educational, behavioural, developmental and mental health concerns through effective evidence based treatment. Mary loves spending quality time with her family and friends, horse riding, swimming and yoga.

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