



LakesidePsychology

Believe | Grow | Live

Anne Iannazzo

Child and Adolescent Psychologist



Anne has over 10 years of experience working across public, private and educational settings. She is passionate about working with children and adolescents and utilises interventions best suited to meet the child or young person's age and stage of development. Anne continues to advance her knowledge in trauma-informed practices and interventions and integrates the latest findings from neuroscience and the developing brain into her practice. She has a specific interest in Interpersonal Neurobiology and Sensorimotor psychotherapy and how individuals carry the legacy of trauma. Anne utilises a range of evidence-based practices which include, play-based interventions, attachment-based therapy and body awareness techniques. Anne works from a family-centered and strength based approach to treatment with an objective towards supporting children to develop emotional strength, positive relationships and a strong sense of self. In her own time, Anne enjoys being with her family and friends, and travelling.

Who Anne can help:

Anne enjoys helping children, parents, adolescents and young adults

What Anne can help with:

- Cognitive, behavioural and educational assessments
- Attention Deficit Hyperactivity Disorder (ADHD)
- Oppositional Defiant Disorder (ODD)
- Assessment for specific learning disabilities and giftedness
- Depression
- Anxiety and panic
- Trauma (including developmental trauma) and PTSD
- Social, emotional and behavioural concerns
- Low self-esteem
- Parenting support
- Parent-child and family relationships and conflict
- Grief and loss
- Self-harm and suicidality

What treatments Anne provides:

- Cognitive-Behavioural Therapy (CBT)
- Play-Based Therapy
- Attachment-Based Therapy for children
- Attachment-Based Family Therapy for adolescents
- Interpersonal Therapy

Anne's availability:

Tuesday: 12:30pm – 8:30pm

Thursday: 9:30am – 5:30pm

📞 (03) 5941 3575 ✉ anne@lakesidepsychology.com.au

Lakeside Psychology: 4/38 Lakeside Boulevard, Pakenham VIC 3810.