



LakesidePsychology

Believe | Grow | Live

Kim Ferre

Psychologist



Kim has experience working in private practice and within the employment services industry. She enjoys working with adolescents and adults experiencing a range of emotional, social and behavioural issues including depression, anxiety, stress, low self-esteem and interpersonal difficulties. Kim is experienced in working with employment related issues, including loss of employment, unclear vocational goals and workplace stress and bullying. Kim enjoys spending time with friends and family and playing with her young children.

Who Kim can help:

Kim enjoys working with adolescents and adults.

What Kim can help with:

- Depression
- Anxiety
- Stress management
- Self-esteem
- Workplace problems
- Vocational assessment
- Vocational counselling
- Communication skills
- Assertiveness training
- Grief and loss
- Substance use
- Sleep difficulties
- Relationship issues

What treatments Kim provides:

- Cognitive-Behavioural Therapy (CBT)
- Interpersonal Psychotherapy (IPT)
- Solution-Focused Therapy

Kim's availability:

Tuesday 11:00am – 7:00pm

Wednesday 12:30pm – 8:30pm

Friday 8:00am – 4:00pm

☎ (03) 5941 3575 ✉ kim@lakesidepsychology.com.au

Lakeside Psychology: 4/38 Lakeside Boulevard, Pakenham VIC 3810.